

Virtual Time Out for Teams



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Virtual Time Out for Teams



The Watermill Theatre produces award-winning work that has been recognised throughout the UK and abroad. All our productions are created by leading industry professionals who are highly-skilled in their craft. As we navigate continued change and uncertainty, we have developed our Virtual Time Out for Teams Programme which calls upon these talented artists to share their passion and skills with you and your colleagues in a series of specially designed virtual workshops.

Each session focuses on a different aspect of theatre and is carefully crafted to provide teams - from all industries - with a space to connect, de-stress and focus on personal wellbeing.

The lockdown seems to have totally stifled my creative thoughts. This session managed to open some dark place to create a little light and space and at last some creativity!

Writing for Wellbeing Participant

It's been amazing for my health & well-being - no stress. JUST 100% letting your hair down for 60 minutes and having fun.

Singing for the Sake of It Participant



The Workshops at a Glance





Writing for Wellbeing

Are you spending your days glued to a computer screen, filling in spreadsheet and drafting documents but wanting to add some creative flair?

Take time to explore language and unleash your imagination with a professional playwright. Pen and paper at the ready!



Dreamed up Designs

Starting with a blank canvas can be daunting. Working with a Set and Costume designer you will be guided to create ideas for your own imagined worlds.

This session is about your own ideas not artistic ability. The perfect opportunity to escape your four walls.



Singing for the Sake of It

Singing can strengthen your immune system, lower stress levels and act as a natural anti-depressant. Join a professional Musical Director to take time out, connect and make some noise!

All participants will be on mute so if you usually save your singing for the shower you can still belt out to your heart's content.



Imaginative Improvisation

Home working can be lonely, tedious and repetitive, and the current news can feel heavy.

Take time out in this session to connect, play and laugh with your colleagues. A fun-filled session with energetic and rather ridiculous challenges.



Playful Puppetry

With everyone spending more time at home in front of a screen, it can be challenging to find the motivation or time to keep active.

This session will free your body, stretch your mind and get you moving whilst also learning a new skill.

How to book



Timings & Costings

Each workshop last 60-minutes and costs £300+VAT.

We can accommodate up to 30 people on each workshop. All workshops are delivered online via Zoom.

**For more information or to book, please contact Heidi:
heidi@watermill.org.uk | 01635 570927**



As a registered charity The Watermill Theatre relies on the support of businesses, donations from individuals and trusts and foundations in order to help us produce high quality work whilst ensuring ticket prices remain affordable. By booking a business training package your investment will directly support our work on and offstage and will help us to deliver on this commitment to ensure that everyone can access live theatre at The Watermill.

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